



CITY OF DURHAM

Durham Parks and Recreation

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Durham Parks and Recreation Discovery Course Frequently Asked Questions (FAQ)

1. What is the purpose of the course?

The Discovery Course is designed to challenge an individual's perceived limitations and sense of adventure, as well as build self-esteem and teach reliance upon others. Above all, it's intended as an enjoyable "peak" experience for participants.

2. Do I need a group to do the course?

In general, the course is for group use. Groups can be made of several families who want to try the course or other community and corporate groups. Individuals who wish to try the course may register for the *Discovery Days* programs which are offered at various times throughout the year.

3. How old do I have to be?

The course is open to participants 7 years and older. Youth ages 7-9 must have a parent accompany and guide them on the course.

4. How long does it take to complete the course?

Every group is different, but a program typically lasts four hours from ground school to course completion.

5. What type of clothes should I wear?

Athletic-type wear is recommended—clothing in which you can move comfortably. Closed-toe shoes are required for participation.

6. Do you give group discounts?

Our fees are competitively set for the Triangle market and are approved by Durham City Council on an annual basis. Because they are approved annually, we do not have the ability to negotiate fees.

7. Can I register online?

Not at the moment, but coming soon!

8. When is payment due?

A \$50.00 deposit is due within five (5) business days of initial consultation and commitment; full payment, with registration forms, is due by the day before the scheduled program or within thirty (30) days, whichever is sooner.

9. How many can I bring?

The number of participants we take on the course at any given time is age-dependent, so we recommend you call and discuss your group's makeup.

10. Where is the course located?

The course is located in Bethesda Park at 1814 Stage Rd. in Durham.

11. What happens if it rains?

Programs go forward in mild inclement weather, i.e. light rain, light wind and chilly weather. Extreme heat (95 degrees+), cold, wind and dangerous storm conditions which endanger the safety of the participant may result in the postponement or cancellation of the program.

12. How high is the course?

At its peak, the course is 55 feet high!

13. What makes the course different than other high ropes courses?

The Discovery Course allows individuals to choose their own path through the structure, as opposed to having a pre-determined route. That flexibility empowers participants to decide how much challenge they desire.

14. What kind of training do the staff facilitators have?

In addition to years of outdoor leadership experience, our staff are all Association for Challenge Course Technology (ACCT) certified high and low course practitioners.